



What's Happening at *BRA*

Birthing Rites Australia

Issue 2

Tuesday, 15 December, 2009

DEAR FRIENDS,

Wishing all of you a loving Christmas and New Year with family and friends.

It's been an amazing year for all of us here at Birthing Rites with many changes and many developments.

Heartfelt thanks to the ongoing love and support of educators, doulas and staff. At times I thought Pete and I were getting too old to run classes, but our years of experience and wisdom seems to be what people want. And the same for the doulas; the experience of Sandra Robinson and what she brings to births is the older wise woman that understands the transformation of families through the journey of labour.

We recently experienced the loss of two most loved clients in tragic circumstances, Chloe and Nick Waterlow. Chloe gave so much to Birthing Rites with her time and love and enthusiasm along with her husband, Ben Heuston. They were a wonderful team and they have had three beautiful "BRA" babies with us. If you would like to donate to Chloe's children's trust fund, please visit their website www.waterlow-heustonkidstrust.org



Birth and death are so interrelated, painful, reflective, at times exhilarating and at times a deep numbing sadness; life transforms us.

Lotza love,
Marie Burrows

Upcoming Dates

Monday,
11 Jan '10 6 Week Prenatal
Course

Wednesday,
27 Jan '10 4 Week Prenatal
Course

Friday,
19 Feb '10 Creating Love
Workshop

For more info, please call BRA on
9387 3615 or email us at
birthingrites@zip.com.au

CREATING LOVE WORKSHOPS

Birthing Rites recommends this very dynamic workshop for individuals or couples before they have their babies, or afterwards when the family dynamics grows and changes. These workshops will reconnect you and deepen your commitment towards each other and your family. Creating Love is run by Craig Tunnell, family session co-therapist with Marie Burrows and long time associate.

For more details on the Creating Love workshops, please go to

www.creatinglove.com.au .

BRA BABIES STEINER GROUP

After many, many, years of wanting this to happen, the BRA Babies Steiner Group will be up and running from late February 2010. For all of those of you who have never wanted to leave the Friday morning mothers group, the next step from 8 to 9 months onwards is the Steiner Group.

We will be teaching mothers how to interact with their babies using the Steiner philosophy, on how to bring rhythm and ritual in your baby's life. We hope to bring a drop of "healing" goodness each week in these groups.

Please email us if you are interested in this group.

BRA BABIES SWIM CLUB January 2010

The ever popular BRA Babies Swim Club is taking bookings for 2010. Classes are held at the Cook & Phillip Aquatic Park in College St, Sydney. Please call Tracey on 0412 489 904 to book.

PHOTOGRAPHY SESSIONS AT BRA for pregnant women and newborns

Having yourself photographed at your most beautiful with child will guarantee your memories of this special time will be captured forever. How about photos of your newborn baby when they are 'oh so tiny' - they grow so fast and before you know it won't sit still for the camera!

For the most affordable prices you will find anywhere, our Birthing Rites photographer holds private photo sessions for pregnant women and babies

once a month at Birthing Rites or in the privacy of your home.

For bookings, please call Anthony on 0419 018 772
or email him at admin@hundredsntousands.com.au .
Visit his website on www.hundredsntousands.com.au

BELLY CASTINGS

Our belly caster, Isabel, takes castings of your pregnant belly and if you wish, will create it into a work of art. Have it bronzed or hand painted. Which ever way, it will be a piece of artful memory to display on your wall.

For those who might have missed the opportunity for a belly casting but would like to capture memories of their breastfeeding bodies, Isabel also does casts of breasts.

For bookings or price enquiries, please call Isabel on 0420 942776.



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